

Nutrition Facts

Serving Size

Servings Per Container 1

Amount Per Serving

Calories 314

% Daily Values*

Total Fat 6.9g **11%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Sodium 352.1mg **15%**

Total Carbohydrate 44g **15%**

Dietary Fiber 11.5g **46%**

Sugars 8g

Protein 31.4g **63%**

*Percent Daily Values are based on a 2,000 calorie diet.