

# Nutrition Facts

Serving Size

Servings Per Container 1

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**Amount Per Serving**

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**Calories** 322

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**% Daily Values\***

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**Total Fat** 2.4g **4%**

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Saturated Fat 0.1g **1%**

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Trans Fat 0g

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**Sodium** 267.2mg **11%**

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**Total Carbohydrate** 41g **14%**

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Dietary Fiber 4.6g **18%**

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Sugars 6.6g

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**Protein** 29.8g **60%**

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\*Percent Daily Values are based on a 2,000 calorie diet.