

# Nutrition Facts

Serving Size

Servings Per Container 1

---

## Amount Per Serving

---

**Calories** 240

---

**% Daily Values\***

---

**Total Fat** 10.3g **16%**

---

Saturated Fat 3.9g **20%**

---

Trans Fat 0g

---

**Cholesterol** 20mg **7%**

---

**Sodium** 537mg **22%**

---

**Total Carbohydrate** 29.3g **10%**

---

Dietary Fiber 6.1g **24%**

---

Sugars 11.2g

---

**Protein** 10.3g **21%**

---

\* Percent Daily Values are based on a 2,000 calorie diet.