

# Nutrition Facts

Serving Size

Servings Per Container 1

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**Amount Per Serving**

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**Calories** 384

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**% Daily Values\***

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**Total Fat** 9.2g **14%**

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Saturated Fat 1.4g **7%**

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Trans Fat 0g

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**Sodium** 141.1mg **6%**

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**Total Carbohydrate** 44g **15%**

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Dietary Fiber 8.7g **35%**

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Sugars 1.3g

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**Protein** 27.3g **55%**

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\*Percent Daily Values are based on a 2,000 calorie diet.